

HELP PREVENT THE FLU

Protect the vulnerable
people in your life.

From 2019-19, before the mask mandates for COVID-19 protection, influenza caused **9,470 associated deaths** in Texas.

THE FLU VACCINE:

- 1** Reduces your chances of getting symptoms
- 2** Minimizes the symptoms of contracted flu
- 3** Reduces flu-related hospitalizations and flu-related deaths
- 4** Is recommended for everyone 6 months of age and older

DEFEND WHAT MATTERS.
GET THE FLU VACCINE.



VACCINATE AGAINST HEPATITIS B

Of the estimated 880,000 to 1.89 million people living with hepatitis b, **two-thirds are unaware of their infection.**

HEPATITIS B:

- 1 Can live in your body for many years with no symptoms
- 2 Can cause liver damage and cancer
- 3 Vaccine is recommended for all ages, including infants

**DEFEND WHAT MATTERS.
GET VACCINATED.**



STOP THE SPREAD OF HPV

**There is no cure for HPV.
The best protection is
vaccination.**

Help prevent HPV-related cancers.

HPV vaccination can protect you and keep you from spreading the virus to others.

WHAT IS HPV?

- 1** Human papillomavirus (HPV) is a common, contagious virus that causes cancer later in life.
- 2** HPV causes more than 90% of cervical and anal cancers.
- 3** An estimated 42.5 million Americans have an HPV infection.
- 4** HPV vaccination is recommended starting at age 11-12

**DEFEND WHAT MATTERS.
GET VACCINATED.**

